

BANYAN TREE

HOTELS & RESORTS

PRESS RELEASE

Full Moon Wellness Retreat in Bintan



Bintan, Indonesia - March 2016 : Renowned globally as a tranquil hideaway for sojourners, [Banyan Tree Bintan](#) is passionate about providing a holistic wellness experience for all guests. In collaboration with Senses – The Art of Living, the Full Moon Wellness retreat will be launched and will take place for 3 days 2 nights, starting from 22 to 24 April 2016.

Participants of the three day event can look forward to a time of complete relaxation and rejuvenation, beginning with a body massage by the world class Banyan Tree Spa to release tension. Just before dinner, an oil and sound spa meditation session will be held to allow guests to unwind and balance the Yin and Yang.

Day 2 of the event will comprise a two-hour workshop about how the full Moon can affect emotions and physical vitality. This includes a group meditation session with oils and sound therapy as well as other exercises that participants can adopt to cope better with daily stress. After lunch, participants will be treated to the first of its kind – a Hydro Sound Therapy session in the pool to bring about a total rejuvenation of the body and mind.

A Full Moon Mixology Party after dinner marks the end of the event where participants can relax and try their hand at mixing their own drinks. Wellness menus are served during the entire Full Moon Wellness Retreat event.

Banyan Tree Bintan

Book a stay under the [Full Moon Wellness Retreat](#) with inclusions of:

- Complimentary daily mini-bar (non-alcoholic beverages)
- Daily breakfast for two
- Daily wellness Lunch and Dinner
- Return transfer by a private car between Bintan ferry terminal and the resort
- One 90 min session couple spa treatment (60min body massage + 30minutes relaxation)*
- Group oil and sound spa meditation
- 2 hours of Full Moon workshop
- 2 hours Hydro Sound Therapy
- Full Moon Mixology Party

For further details, please contact us via email : reservations-bintan@banyantree.com

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About Banyan Tree

Banyan Tree offers a Sanctuary to rejuvenate the mind, body and soul in awe-inspiring locations around the globe. Rediscover the romance of travel as you journey to iconic destinations and gateway cities. An all-villa concept often with private pools, Banyan Tree provides genuine, authentic service and a distinctive, premium retreat experience.

www.banyantree.com

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